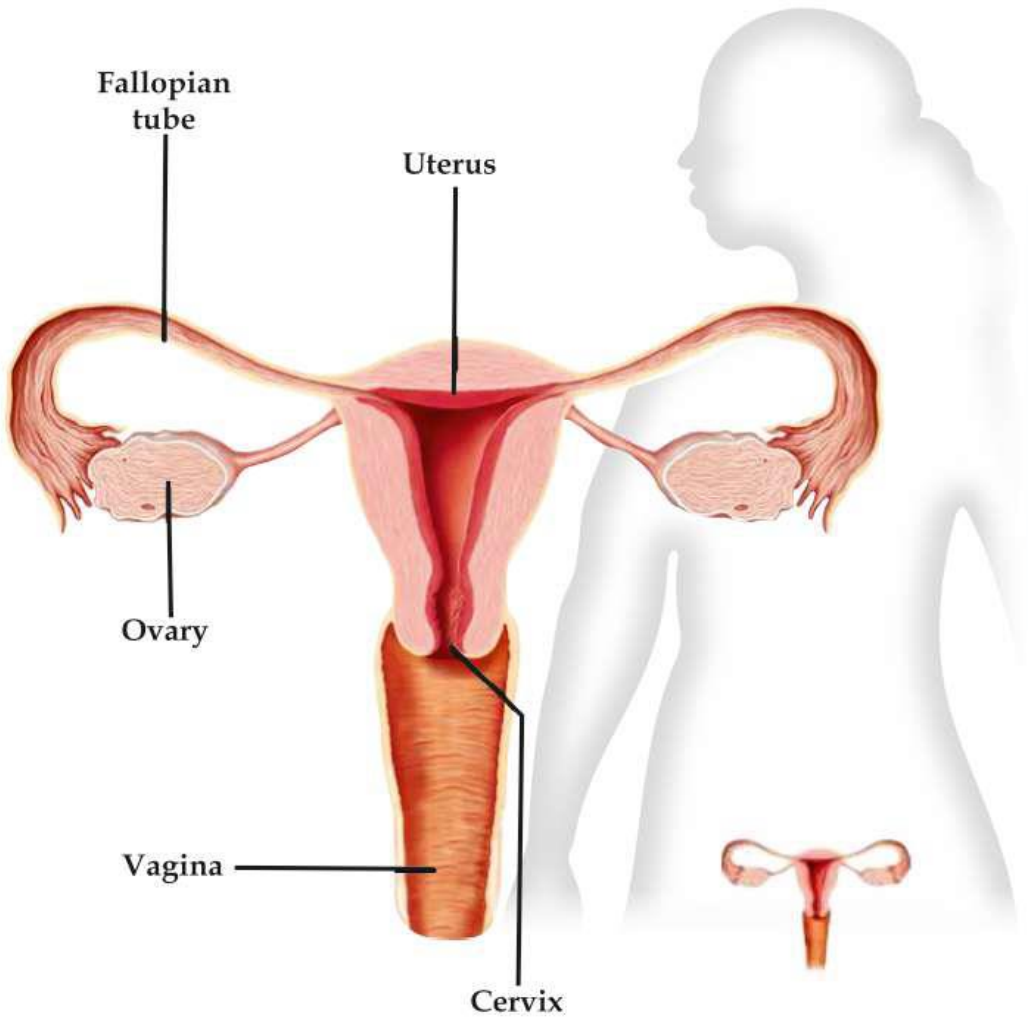


PATIENT EDUCATION

Female Reproductive System



Fertile Days of the Menstrual Cycle & Quality of Mucus

Appearance of the cervical mucus during ovulation



Changes in cervical mucus during menstrual cycle

Menstruation

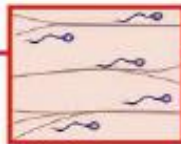
Follicular phase

Ovulation

Luteal phase



Thick mucus:
makes passage difficult



Watery mucus:
allows passage



Thick mucus
hinders passage :

Not Fertile

Fertile



Dry & Sticky
Days 1-6



Creamy
Days 7-9

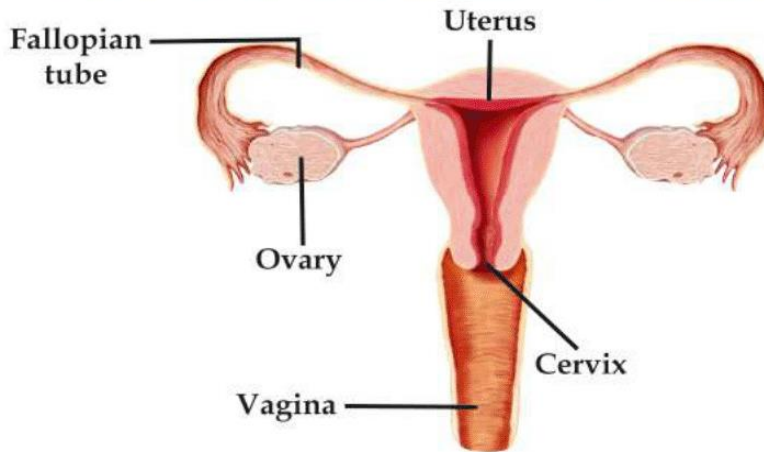


Wet & Clear
Days 10-12

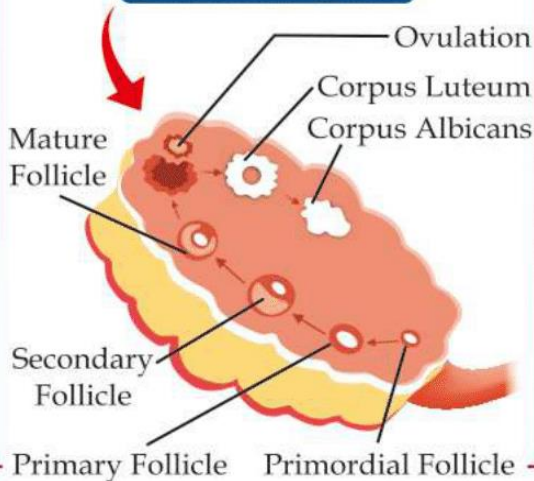


Egg White
Days 13-14

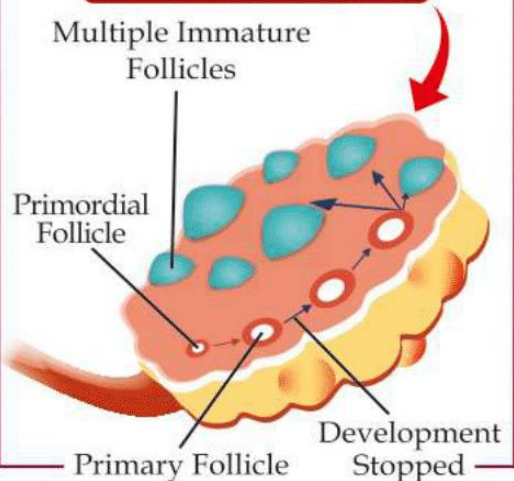
PCOS (Polycystic Ovary Syndrome)



NORMAL OVARY



POLYCYSTIC OVARY

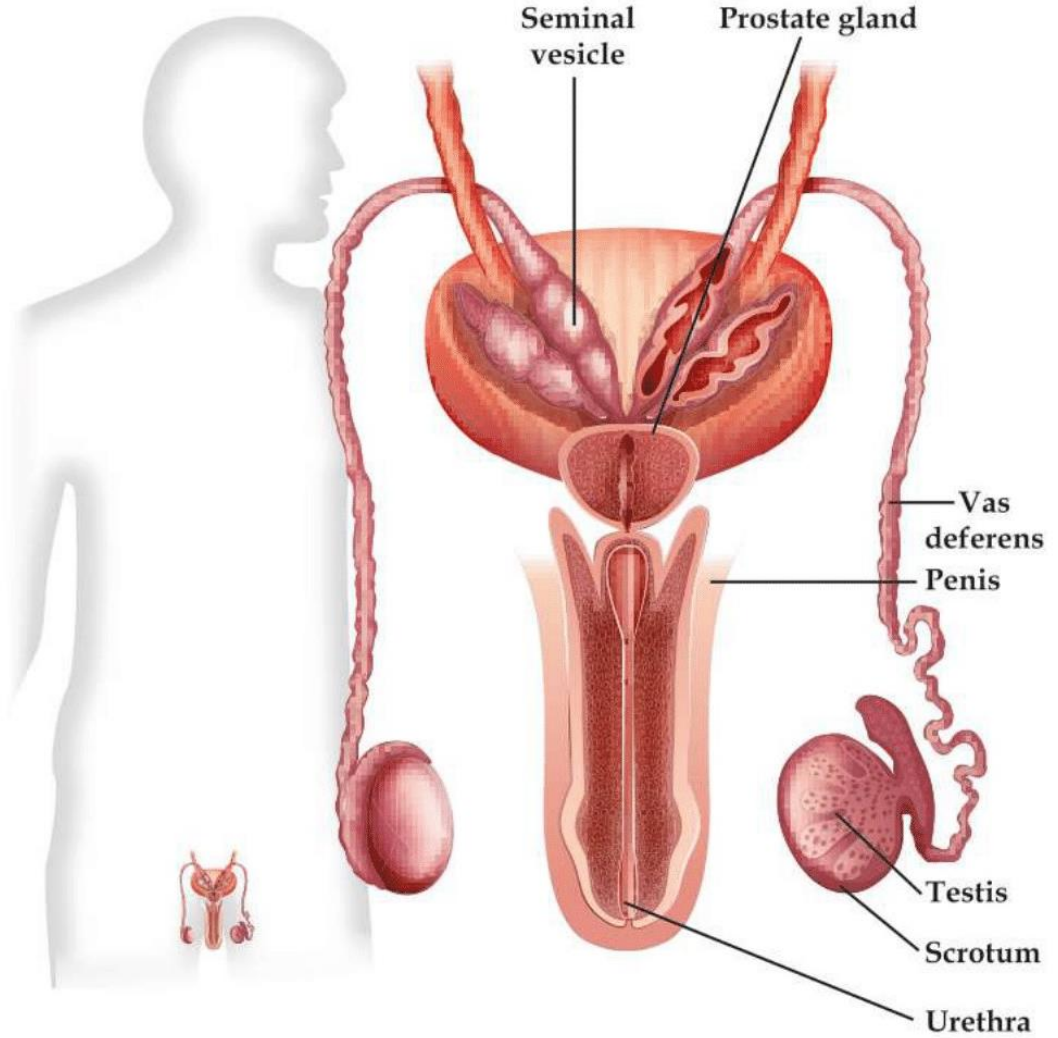


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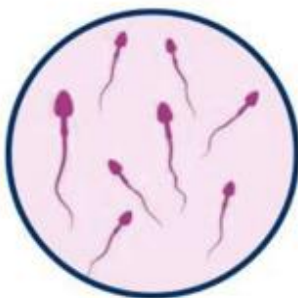
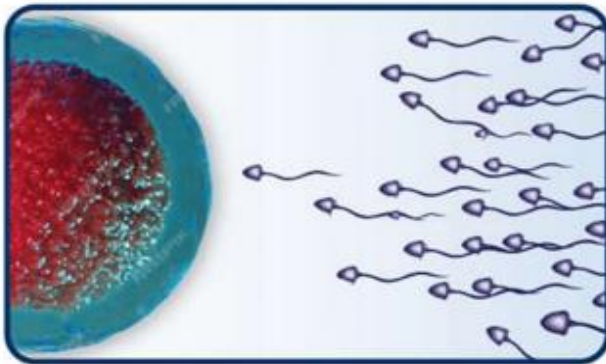
NHS'Chiro

Estrochel 100mg, Menocheal 100mg, 4-Aminocyclohexyl, Dic 3mg, Chirochel 100mg,
Chirochel 20mg, 1-Methylpropranolol 1mg, VEGF 1201g, VEGF 2.0 mg, 1201g

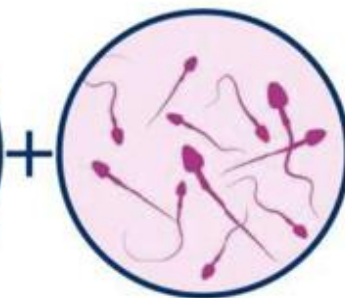
Male Reproductive System



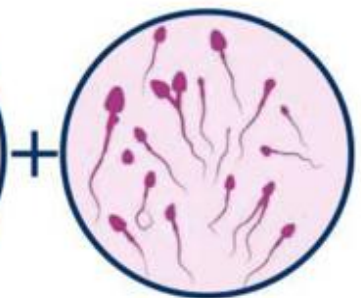
Idiopathic Male Infertility (Oligo-Asthenozoospermia)



Oligospermia:
Low Count



Asthenospermia:
Poor Motility



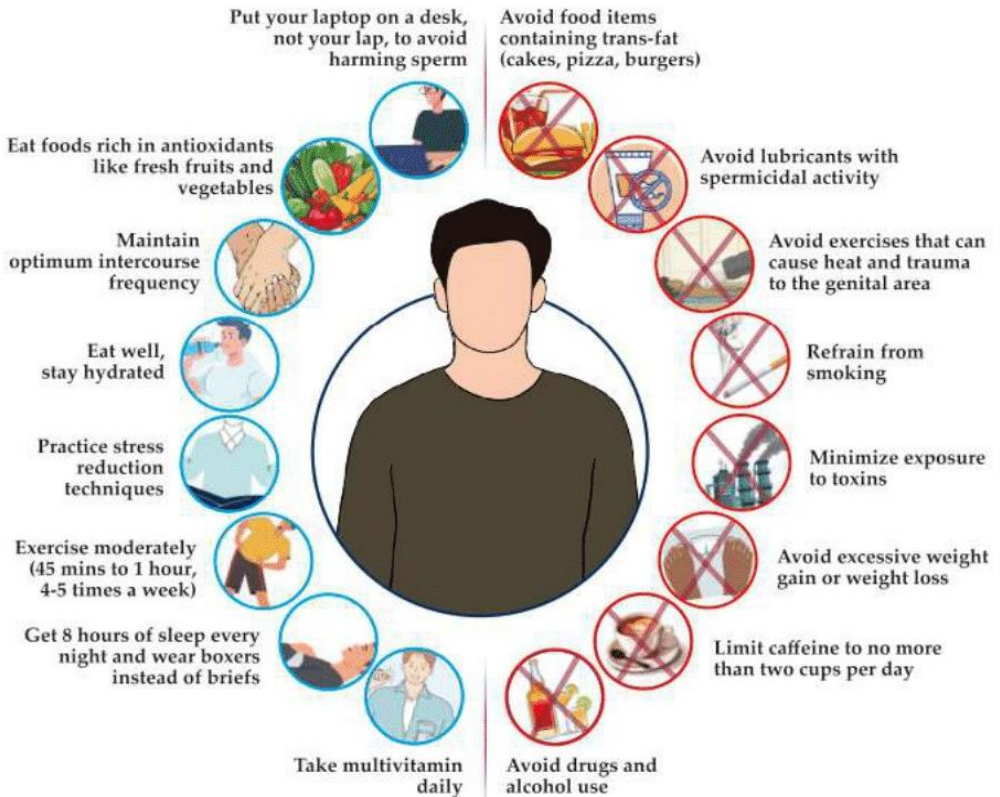
Teratospermia:
Abnormal Forms

Tips to Boost Male Fertility

Do's



Don'ts



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Tablet

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